



September 2014 Snack Menu

		Tuesday	Wednesday	Thursday	Friday
AM		5 Cereal & Milk	6 Cereal & Milk	7 Cereal & Milk	8 Cereal & Milk
PM		Stoned Wheat Thins Mixed Berries String Cheese	Multi Grain Rice Cake w\Sunbutter Apples	Club Crackers Bananas Cheddar Cheese	Wheat pita w\ Cream cheese Cucumbers
AM	8 Cereal & Milk	12 Cereal & Milk	13 Cereal & Milk	14 Cereal & Milk	15 Cereal & Milk
PM	Wheat cream cheese and jelly sandwiches Bananas	Wheatworth crackers Pears String Cheese	Spinach and Bean Wheat Quesadilla Pineapple	Wheat Ritz Crackers watermelon Cheddar Cheese	Multi Grain Rice Cake w\Sunbutter Mixed fresh fruit
AM	15 Cereal & Milk	19 Cereal & Milk	20 Cereal & Milk	21 Cereal & Milk	22 Cereal & Milk
PM	Stoned Wheat thins Cottage cheese Mixed Berries	Spinach and Bean Wheat Quesadilla Peaches	Club Crackers Cottage cheese Bananas	Wheat Pita Cheese Marinara sauce	Wheat Sunbutter & Jelly Sandwiches Mixed Fruit
AM	22 Cereal & Milk	23 Cereal & Milk	24 Cereal & Milk	25 Cereal & Milk	26 Cereal & Milk
PM	Multi Grain Rice Cake Sunbutter Pineapple	Wheat Ritz Crackers Cantaloupe String Cheese	Wheat cream cheese and cucumber sandwiches	Stoned Wheat Thins Apples Sunbutter	Wheat Pita Cheese Marinara Sauce Mixed Fresh fruit
AM	29 Spinach and Bean Wheat Quesadilla Pears	30 Club Crackers Vanilla Yogurt Blueberries			
PM					