


January 2015 Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
AM				 1 NEW YEAR'S DAY CENTER CLOSED	2 Cereal & Milk Wheat Ritz String cheese Mixed Fresh Fruit
PM				5 Cereal & Milk Wheat Pita Cucumber and Cream Cheese Sandwiches	6 Cereal & Milk Wheatsworth Crackers String Cheese Grape tomatoes
AM	12 Cereal & Milk Wheatsworth Crackers Blueberries Cottage cheese	13 Cereal & Milk Wheat tortilla Spinach and cheese Bananas	14 Cereal & Milk Wheat Ritz Crackers Cottage Cheese Grape tomatoes	15 Cereal & Milk Graham Crackers Apple Sauce Cheddar Cheese	16 Cereal & Milk Wheat Sunbutter and Jam sandwiches Mixed fresh fruit
AM	19 Cereal & Milk Multi Grain rice cake Vanilla yogurt Bananas	20 Cereal & Milk Graham Crackers Apples Sauce String cheese	21 Cereal & Milk Wheat Spinach and cheese Quesadilla Blueberries	22 Cereal & Milk Wheatsworth crackers Cucumber Yogurt ranch dip	23 Cereal & Milk Wheat Bagels w/cream cheese Mixed fresh fruit
AM	26 Cereal & Milk Wheat Ritz crackers Honeydew Cheddar Cheese	27 Cereal & Milk Wheat Sunbutter and Jam sandwiches Bananas	28 Cereal & Milk Wheatsworth Crackers Vanilla Yogurt Mixed Berries	29 Cereal & Milk Wheat Bagels w/cream cheese Apples slices	30 Cereal & Milk Graham Crackers Mixed fresh fruit Cheddar Cheese